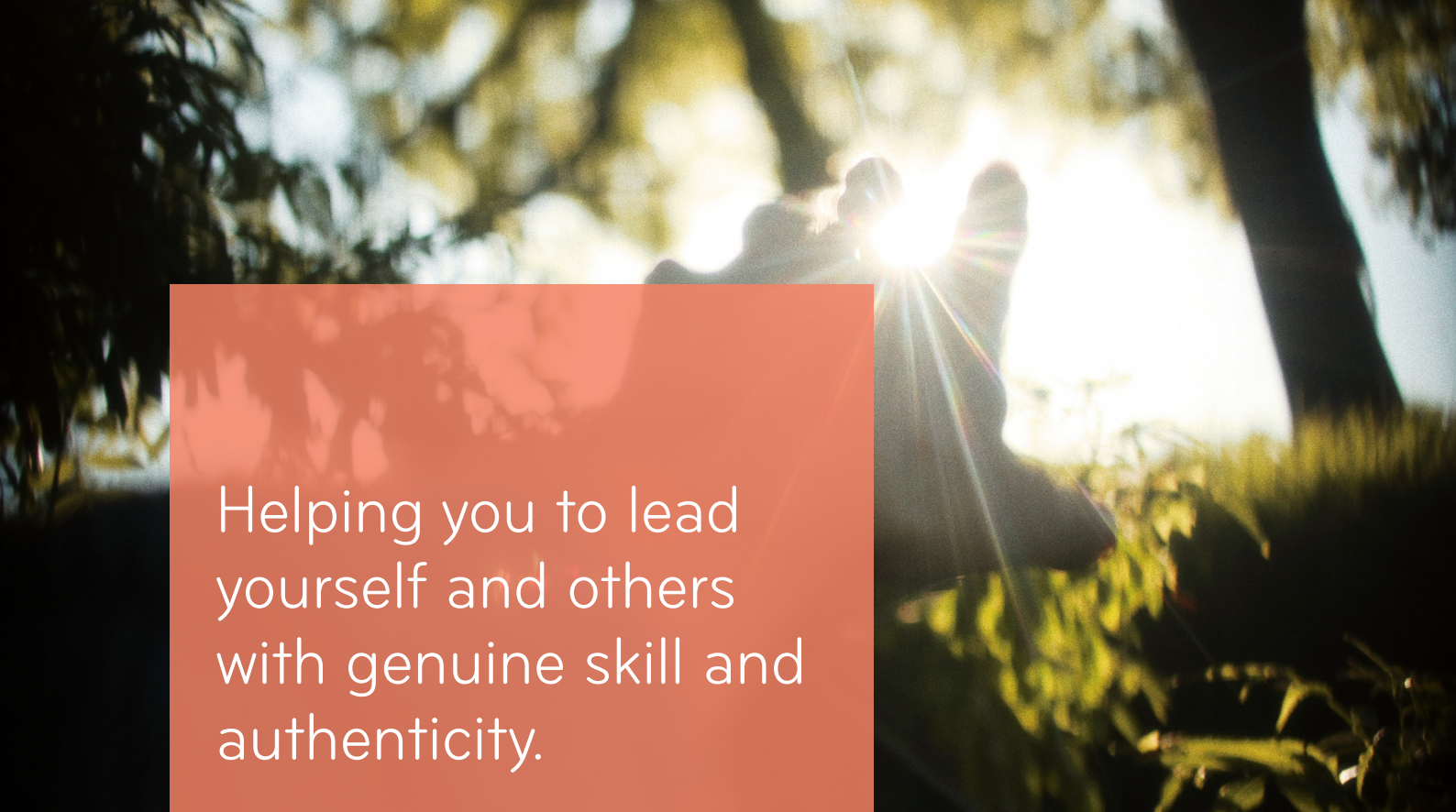


“ Becoming a leader is synonymous with becoming yourself. It is precisely that simple and it is also that difficult.”
Anon

The Source of Leadership Programme



Helping you to lead yourself and others with genuine skill and authenticity.

“ Leadership is the stewardship of lives that have been entrusted to you.” **Bob Chapman, CEO, Barry-Wehmiller**

Why this Programme

Being a leader carries huge responsibility. It can be as challenging as it is rewarding. Its impact can be huge. Organisations cannot hope to achieve their long-term objectives if they are led poorly. Furthermore, a typical employee's happiness, with life in general, not just with work, is often strongly correlated with how they feel they are being led and managed. For the leader too, overarching happiness is often linked to how well they perceive they're leading. From experience the source of great leadership stems from leaders having a deep and accurate understanding of themselves. It is within this context that **mch: positive impact (mch)** has developed this programme. The core aim is to enable leaders to lead themselves more effectively and lead others with genuine skill and authenticity.

Your Participation

This programme is for you, if you lead others. There are no criteria with respect to how many people you lead, your seniority, or how long you've been leading. The key prerequisites are a willingness to learn more about yourself and a desire to improve the way you lead others.



Leadership and learning are indispensable to each other."

John F. Kennedy, Former US President

The Programme at Glance

Leadership is messy. A typical leadership day involves a range of tasks, requiring a blend of skills and qualities. In keeping with **mch's** belief that training and development should prepare you for real life, this programme reflects leadership's variability, in that each day has no overarching theme. Instead, you will pivot between a range of leadership tasks and skills.

The programme is fully virtual, so no travel is required. The core programme consists of five monthly sessions via Zoom and a 1:1 coaching session with **mch's**, Mark Hughes. Guest speakers are central to the programme and you can expect to gain insights from several outstanding leaders.



The total time for the pre-work, core session, reflection and optional book club is equivalent to a full working day. **mch** recommends that you have no other work commitments scheduled on the day of each session. However, it appreciates that committing the required eight hours/month to a single day may not always be possible. Therefore, to enable a degree of flexibility, each of the five core sessions are 9.45am – 4.30pm, allowing you to check-in with work at the beginning and end of the day if it can't be avoided. Where possible, sessions will be recorded so you can review content in your own time.

The Programme's Methodology

Harnessing Emerging Research on the Mindsets and Practices of Great Leaders

Research is emerging from a study involving nearly 8,000 leaders across 70 countries and 24 industries. A key finding is that sustainably successful leaders work well across **six key areas**.



This programme tailors the findings of this research to charity leadership. In doing so, you will gain a greater understanding of yourself in terms of your:

1 Values 2 Mindset 3 Sources of Clarity & Vulnerability

You will also gain practical techniques to apply immediately, such as:

Stakeholder planning

- Identifying & improving key relationships

Talent management

- Identifying & enabling talent through coaching, having difficult conversations & fostering a feedback culture

Strategy

- Gaining techniques to improve your strategic decision making and learning how to make sound diagnoses and take effective coherent action

How The Programme Enables Development

mch subscribes to a simple equation for development:

$$\begin{aligned} &\text{Development} \\ &= \\ &\text{Knowledge} \\ &+ \\ &\text{Insight \& Support} \\ &+ \\ &\text{Planning \& Action} \\ &+ \\ &\text{Feedback \& Reflection} \\ &- \\ &\text{Interference} \end{aligned}$$

Developing through Insights



Learn from the mistakes of others. You can't live long enough to make them all yourself."

Eleanor Roosevelt: Former 1st Lady of the US

Insights from People



Programme Leader – Dr Mark Hughes

Mark founded **mch** in 2005 and during this time has focused on developing charity staff, both in the UK and overseas, through training, mentoring and facilitation. Mark started his career at the international consultancy firm, **McKinsey & Company**. He then worked as Chief Executive of **Rumbalara**, an Aboriginal sporting and community development organisation. In addition to his executive leadership, consulting and training experience, Mark also has governance experience, having been Non-Executive Director and Chairman of **Evidence to Impact**, a social enterprise that promotes and delivers evidence-based health interventions.

Guest Speakers

To maximise insight and perspective, you will hear from and be able to question leaders from inside and outside the charitable sector. Some of the likely speakers include:

Martin Edwards, CEO, Julia's House

Martin has been Chief Executive of Julia's House Hospice since 2005. Under his leadership the organisation consistently ranks amongst the Sunday Times' annual 'Top 100 Places to Work in the Public & Charity Sectors'. Martin has presented on Julia's House's leadership methods to Barclays Bank, British Gas and a Premier League football club.

Tom Rippin, CEO, On Purpose

On Purpose is an international social enterprise that helps inspiring professionals to become leaders who harness the power of business for good. Prior to founding On Purpose, Tom was Managing Director for Europe and Director of Business Development at (RED), the business founded by Bono and Bobby Shriver to help eliminate AIDS in Africa.

Tanya Oxtoby, Assistant Coach, Chelsea Women's Football Club

Prior to Chelsea, Tanya was Head Coach at Bristol City's Women's team. At the age of 36 she guided the women's side towards their best ever points total in the Women's Super League, despite a shoestring budget five times smaller than some other sides in the league. As an Indigenous Australian she has worked for the Australian government to address mental illness within the Indigenous community.



The more that you read, the more things you will know. The more that you learn, the more places you'll go."

Dr. Seuss, Author

In addition to the core programme sessions, you will be given pre-reading and signposts to explore specific leadership topics in detail. To enable in-depth insight and discussion, the programme also features an optional book club, which takes place immediately after each core session. Books have been carefully selected to complement and extend the learning of the core programme. A mixture of classic and new books have been chosen, with titles including;

- The Chimp Paradox, by Prof Steve Peters
- Work Like a Woman, by Mary Portas

All the books chosen are readily available and inexpensive. They are relatively short (circa 250 pages), to be manageable, as well as insightful reads.

Developing Through Support



The greater the loyalty of a group toward the group, the greater the probability that the group will achieve its goals."

Rensis Likert, Psychologist

A key aim of the programme is that you will develop strong, trusting and lasting relationships with other participants, so that you can support one another long after the programme formally ends. To enable such relationships, the maximum cohort size is 8.

The small cohort size also allows **mch** to get to know you and provide tailored support where possible.

The cohort size and composition promotes balance, a key leadership quality. Specifically, the programme balances exploring the common traits of consistently successful leaders, with developing your individual and authentic leadership style.

Developing through Planning, Action, Feedback and Reflection



We do not learn from experience ... we learn from reflecting on experience."

John Dewey, Educationalist

Leadership is a practical discipline, which the programme aims to model. Here are some of the ways in which the practical leadership disciplines of planning, taking action, giving and receiving feedback and reflection will be practised.



An engaging and well-structured programme which had richness of both content and participation. The programme has increased my skills, confidence and knowledge and will continue to make me a better leader."

Lesley Craig, co-CEO, Breaking the Silence and previous programme participant

A 1:1 Coaching Session with Mark Hughes

To assist you in reaching a personal goal or solving a problem, the course fee includes a 1:1 coaching session with the programme lead, Mark Hughes. This can either be taken during the programme or in the months that follow.

Problem Solving

A guest speaker will present a strategic problem they have recently worked through. After a brief overview and Q&A session, you will work in small groups to propose a strategy for the speaker's problem. You will then present your plan and then find out what the leader actually did and how it worked out.

There will also be scope to solve your own problems/achieve goals through action learning and/or coaching with peers.

Understanding Yourself, Story Telling and Presenting

Becoming a leader is synonymous with understanding and becoming yourself. The programme therefore incorporates exercises to enable you to identify and appreciate your uniqueness, values and emotional triggers.

Leadership is also enabled through the ability to tell compelling and concise stories. Consequently, you will have the opportunity to convey what you've learned about yourself through a story. One potential example includes; *'What makes me a unique friend.'*

There will also be the opportunity to present work-related issues as a narrative, such as your strategy.

Developing through Reducing Interference



The way we communicate with ourselves ultimately determines the quality of our lives."

Anthony Robbins, Performance Coach

The greatest source of interference to development often takes place within your own head. In light of this, the programme will:

- Explore imposter syndrome and how it can be addressed
- Outline how a growth mindset can be developed and lived

It is also envisaged that participating in the challenging and supportive exercises outlined above will further develop confidence and thus reduce interference.

Cost

The cost of the programme is **£975 per person.**

mch: positive impact is not registered for VAT, so VAT is not applicable.

Next Steps

To participate in the next programme contact Mark on:

Tel: **07932 918 767**
or email: info@mchpositiveimpact.com